



## Welcome...

....to this edition of the Brettenham magazine. We have devoted 4 pages to accounts and photos of the terrible storm that hit Brettenham on 25th July. Sadly, many people will be affected by the damage it caused to their homes for sometime to come. But on a happier note, we look ahead to forthcoming village events, continue with Stuart's entertaining Motoring Memories, and bring you local information, poetry and a seasonal recipe. Enjoy the read, and please keep your photos, jokes, material, reviews and ideas coming into [brettenhammagazine@outlook.com](mailto:brettenhammagazine@outlook.com).

### Suffolk Historic Churches Trust Ride and Stride

The annual SHCT cycle will take place on Saturday 11th September. If you would like to take part in this fundraising day please let me know and I will give you a sponsorship form. If you enjoy cycling and our beautiful countryside it is a lovely way to spend the day and raise money for our churches at the same time. Cyclists can raise money for the church of their choice - half of the money goes to their church and half to the SHCT. Over 600 churches and chapels will be open in Suffolk and many more in adjoining counties, so dust off your helmet and high-viz and get cycling!

**Annie Tavener 01449 746412**



### Bigger Ernie Summer Bonus Winners

- 1<sup>st</sup> Victoria Camp/Mills
- 2<sup>nd</sup> B Barley View
- 3<sup>rd</sup> Shirley Barley View

Cover photo by Tom Tavener:

"I managed to get a video of a hare who comes into my garden to feed her leverets every evening. She's got 2 different aged sets of twins on the go at once. Despite having hundreds of hares around here I've never seen one feeding its leverets this close up before."

### October Mag Deadline:

15th September

## Village Noticeboard

### Village Hall

For village hall bookings contact  
Katrina Kearns 737987 or  
[katrinakearns2@gmail.com](mailto:katrinakearns2@gmail.com)  
To request a licenced bar  
contact Peter Truin 07799  
640326 or [petertruin@aol.com](mailto:petertruin@aol.com)

### Village Website

[www.brettenham.onesuffolk.net](http://www.brettenham.onesuffolk.net)  
If you would like to see  
something new on the website  
please contact Beth Clarke  
[clarkeeac3@gmail.com](mailto:clarkeeac3@gmail.com)

facebook 

### Where to get Village News?

Check out the latest village news on the  
**BVA Facebook** page  
[Facebook.com/pg/BrettenhamVillage/posts](https://www.facebook.com/pg/BrettenhamVillage/posts)  
If you would like anything added to  
the page contact Greg Potter at  
[greg.potter66@me.com](mailto:greg.potter66@me.com)

If you would like to receive regular village  
**email updates** please contact  
[peterkt@live.co.uk](mailto:peterkt@live.co.uk)



### Suffolk Mermaid Fish & Chips

Every Thursday, from  
6.40pm to 7.10pm  
outside the church



### Bigger Ernie Monthly Winners

1<sup>st</sup> Beth Butcher  
2<sup>nd</sup> Katrina Kearns  
3<sup>rd</sup> Cathy Truin

*Brettenham magazine is published and edited by Emily Woods (07738 127204), [brettenhammagazine@outlook.com](mailto:brettenhammagazine@outlook.com) and Carrie Dye on behalf of Brettenham Parish Council. The views expressed by the contributors to the magazine are not necessarily those of Brettenham Parish Council. As well as the printed copy, the magazine is available online, in full, via the village website: [www.brettenham.onesuffolk.net](http://www.brettenham.onesuffolk.net)*

## Brettenham Parish Council

The meeting of the Parish Council was last held on 8<sup>th</sup> July and a report was heard from Robert Lindsay (SCC and BDC Councillor). Thanks were also extended to individuals and farmers who had mowed some of the footpaths around Brettenham.

The following planning applications have been received since our last report:-

DC/21/03336	The Old Post Office, The Street	Householder Application - Erection of workshop/store (following demolition of existing)
DC/21/03754	Land East Of, Buggs Lane	Planning Application. Siting of a mobile home for temporary occupation C3 Use
DC/21/04266	The Forge, 26 The Street	Full Planning Application - Change of use of existing single-storey annex (approved B/95/01096) to form separate dwelling (C3) including erection of single storey extension (following demolition of existing); Alterations and improvements to existing vehicular access

The next Parish Council meeting will be on 9<sup>th</sup> September, in the village hall.

**Clerk/RFO: Della Clarke**

**Email: [brettenhamparishcouncil@btinternet.com](mailto:brettenhamparishcouncil@btinternet.com)**

**Chair: Chris Clarke Tel: 736607**

## Neighbourhood Plan Update



First, thank you to everyone who took the time to complete the survey. In total 64 surveys were received, if we assumed one survey per household then this would represent 50% of households and 30% of the 2011 Census normally resident population aged over 16.

However, don't worry if you didn't get round to completing a survey by the deadline this wasn't the only chance for everyone to be consulted on what the plan should include. Now that COVID restrictions have been eased we

would like to hold a public event at the village hall. As you can imagine there is a huge range of views and ideas expressed within the survey results, therefore the initial aim of the event is to share these with residents, and to encourage further discussion and engagement from you all to help guide the content of the plan.

We would also like to present a design guide that has been completed on the village by an organisation called AECOM, this will form part of the plan and help the parish council when reviewing future planning applications.

There will be information on relevant Babergh Mid Suffolk Joint Local Plan guidance that will need to be considered and referenced as part of the plan. And finally, there will be some proposals from the 6 working groups on the key highlights of what the plan could cover, and again it would be good to gain your feedback on this.

It is likely that the event will take place in October/November, and will be advertised in the magazine, on the website and via the village email list. If you would to be added to the village email list then please contact [peterkt@live.co.uk](mailto:peterkt@live.co.uk). We look forward to seeing you there.

**Emily Woods**

## Suffolk Fire and Rescue Service



### Is your home safe from fire?

Please contact us if you have concerns over fire safety in your home, do not have working smoke alarms or you cannot hear your alarms at home.

### Safer Home Visit

A **free** visit by a specialist Prevention Practitioner, Community Fire Volunteer or Operational crew SFRS Prevention team and Firefighters are dedicated to saving lives by working with the community, discussing fire safety and offering advice to eliminate or reduce the risk of a fire occurring in the home. **Free** smoke alarms will be fitted if you do not have any.



### Customer feedback:

*Mrs B has phoned in to pass her thanks on to your practitioner for a very helpful Safer Home Visit. Mrs B said the service was excellent, efficient, and feels far more safe after the visit.*

**Call Fire Business Support 01473 260588**

## Brettenham Village Association (BVA)

I can't really start this month's piece without making some reference to the surreal and disturbing meteorological events of 25th July, although I won't major on it as there is much coverage elsewhere in the magazine. I can honestly say the only occasion I can think of that I have experienced weather conditions like that was a tropical storm at Kuala Lumpur Airport whilst Em and I were waiting to catch a plane to Australia! But what I do want to say is I was, and still am, astounded by the response to the crisis, and the selfless manner in which many people went out of their way to help others. There are testimonies from some of those affected elsewhere in these pages but I just wanted to add my thanks to all those who helped in ways big and small, both during and after the flood. It just proves what a wonderful community spirit we have here in Brettenham.

My thanks to everyone who attended the BVA meeting on 9th August. It was good to be back in the village hall for this one, and as ever we seemed to cover a lot of ground. Along with regular progress reports from the BVA Officers, we also discussed a number of village and village hall related matters including a review of recent events and plans for forthcoming ones. Our first 'normal' Friday and Sunday Village Inns since the easing of Covid restrictions took place successfully during August. It was great to see people enjoying a drink in the village hall and on the terrace, and it was particularly pleasing to see some of our more recent residents attending one or both of these. The Village Inns really are a Brettenham institution and a great way to get to meet your fellow residents in an informal and friendly situation, so please do come along if you are new to the village or just haven't attended one of these up to now. Details of the September Village Inns are on the opposite page. We are still looking into the possibility of having some kind of food available at future Friday village inns, so I will keep you posted - possibly via email if things happen at short notice, so please make sure you register for the village email list.

Things continue to move on the village hall front. We now have a new glasswasher in the bar, plus a new beer cooler, both of which were put through their paces at the August village inns. We also now have two additional parasols attached to the rear wall of the hall, providing useful shade on the terrace when needed. Thanks to all who assisted with the procurement and installation of these various pieces of equipment, but particular thanks must go to Peter Truin and Grahame Moulding.



I'd like to take the opportunity to say a massive thank you to Paul Bendall, who will be standing down from the village hall caretaking team in the not too distant future. Paul has been an absolute star in the range of duties he has undertaken in that roll, including weekly checks of the hall, replenishment of supplies, weeding of the grounds, and co-ordinating various assessments and checks that the hall is required to undergo. So thank you Paul 😊 I also want to take the opportunity to thank Mollie Coomber for her terrific service as the village hall cleaner over the last few years – Mollie will soon be heading off to study at Aberystwyth and so won't be able to continue cleaning the hall. I'm delighted that her brother Tom has volunteered to take over from Mollie when she heads west. So a big thank you to both Mollie and Tom 😊

A village event that will be with us before we know it is the annual village quiz, hosted by myself and Martin Schofield. This will take place on Saturday 27th November, so start thinking about getting a team together and registering it with me. It's a really fun evening, and definitely not to be taken too seriously! If you're keen on taking part but don't think you can raise a team, just let me know and I'll try to fix you up with a team. More details about the quiz will feature in the October magazine.

Finally, we need to make the decision before too long as to whether to go ahead with the New Year's Eve Party. Yes I know it seems very early to be thinking about the festive period at this point in the year, but having booked a band (Loxley's Corner), we need to confirm if this is going ahead or not in good time. We will make a final decision at the next BVA meeting on Monday 4th October, so between now and then, we need to gauge interest to enable us to make an informed decision. So if you are keen on attending the NYE Party, please let me know by 4th October, either by sending me an email, dropping me a text, giving me a call, or just nabbing me at the Apple Day on 26th September (which BTW I am really looking forward to). **Pete [peterkt@live.co.uk](mailto:peterkt@live.co.uk) 07752 222 866**

### FRIDAY VILLAGE INN

**Friday 3rd September, from 7.30pm - DRINKS ONLY**

### SUNDAY VILLAGE INN @ BRETENHAM APPLE DAY

**Sunday 26<sup>th</sup> September, from 12.00pm**

*Please bring a mask with you for ordering drinks at the bar. Our motto is: If the bar staff are wearing a mask, please do the same. Thank you.*

## Church Contacts

Rev'd Tiffer Robinson Tel: 737197 or 07789 772024

Email: [tifferrobinson@gmail.com](mailto:tifferrobinson@gmail.com)

Church Warden Annie Tavener Tel: 736412

Email: [annie\\_tav@hotmail.com](mailto:annie_tav@hotmail.com)



## St Mary's Church Brettenham

### September Programme of Services in the Benefice

#### 5th September: The Fourteenth Sunday after Trinity

Rattlesden	09.45	Family Service (streamed)
Thorpe Morieux	10:00	Morning Prayer
Hitcham	11:00	Morning Prayer
Brettenham	11:15	Family Communion

#### 12th September: The Fifteenth Sunday after Trinity

Brettenham	08:30	BCP Holy Communion
Rattlesden	09.45	Morning Prayer (Streamed)
Thorpe Morieux	10:00	Family Communion
Hitcham	11:00	Holy Communion
Rattlesden Pavillion	18:00	Praise outside

#### 19th September: The Sixteenth Sunday after Trinity

##### Back to Church Sunday

Rattlesden	09:45	Holy Communion (streamed)
Thorpe Morieux	10:00	Morning Prayer
Hitcham	11:00	Back to Church Sunday Service

#### 26th September: The Seventeenth Sunday after Trinity

Brettenham	08:30	BCP Holy Communion
Rattlesden	09.45	Family Service (streamed)
Hitcham	11:00	Holy Communion
Thorpe Morieux	18:00	BCP Evensong

11th September marks the twentieth anniversary of one of the defining events of our era, so soon after the turn of the new millennium. Few who were old enough to remember the attacks will forget where they were when it happened. I was 17, and just about to go to university, visiting a museum with Amy on what I remember was a warm Summer's day. The first we saw was the image on the front of a newspaper someone was reading on the tube, but it wasn't until I got home that my mother told me what had happened.

This was before we all had the internet in our pocket, and of course now we are all able to see events unfold in real time wherever we are, from footage taken by normal people as it happens. The horrors we've seen and read about on our phones and TVs of the plight of the Afghan people, nearly 20 years after the country was invaded by Western forces, have been both hard to watch and to look away from. It's so hard to make sense of: all the killing, the sacrifice, the disruption to so many people, the cost, the dashed hopes and interrupted lives, and for what? Is the world any safer?

It's easy for me to philosophise from my armchair. Some Afghan women interviewed told a different story: 20 years of relative equality, of education, of employment, of better healthcare and access to aid. Children have grown up knowing freedom from the harsh and unforgiving world of the Taliban, girls who can never totally have their education taken away from them. Whatever the rights and wrongs of the western invasion of Afghanistan, and of the shameful retreat, perhaps some hope remains for those now going through the consequences. Our experience of lockdown is nothing compared to the restrictions governing women and girls under the Taliban.

The plight of Christians in that country is also severe, and there are reports that those running churches have already been served notice by their new leaders. No one who describes themselves as a Christian has the luxury of turning away from fellow believers in other nations. These are our brothers and sisters: baptismal water is thicker than blood. We must pray for them and support them through charities such as the Barnabus Fund and Open Doors International.

The last year and a half has seen the word "unprecedented" used an unprecedented number of times, as we've seen restrictions and hardships like never before. But of course we are fortunate in our country to not have faced war on or near our soil for a long time, and perhaps we take this for

granted. For much of history, in much of the world, armed conflict has been the norm, and yet communities have survived and even thrived, people have married and planted crops and worshipped God and built schools, and continue to do so even where warfare and strife exist today. Some find this a challenge to their belief in a loving God, that there is so much warfare and struggle. But we forget that the New Testament was written in the midst of often severe persecution of Christians and Jews, Jesus himself spending his entire life and ministry in an occupied state, tortured and crucified by the occupying soldiers. 40 years later Jerusalem was destroyed by the Romans, the destruction of the temple their own 9/11 that has repercussions to this very day.

As his arms and legs were nailed to the cross Jesus said of his executors: "Father forgive them, for they know not what they do." The repercussions of that fateful day are still felt now too, in every nation of the earth, with every baptism and every heart set aglow with the grace of God. In the welcome of the refugee, the downtrodden and the despised, the forgiveness shown to enemies, peace for the dying. Martin Luther said "Even if I knew that tomorrow the world would go to pieces, I would still plant my apple tree". Let us pray for the trees of hope that have been planted across Afghanistan during the last two troubled decades, that some would continue to stand for the future of that troubled nation.

#### **In person church services**

Now that we are in step 4, most restrictions on worship have now been removed, and we will be able to sing in church again! Masks are still advised, but no longer mandatory, and we'd ask that we respect one another's space during social times.

We want to ensure that everyone feels able to worship with us, so as well as engaging online (details below) we are having an area at the back of church where restrictions are still in place, so that anyone who is particularly vulnerable can know they are able to come and worship in person.

#### **Rev'd Tiffer Robinson**

For more information about online church services, the weekly Wednesday coffee mornings and monthly quiz nights, contact Tiffer:

Tel: 01449 737197

Mob: 07789 772024 Email: [tifferrobinson@gmail.com](mailto:tifferrobinson@gmail.com)

## Dates For Your Diary

- Thursday 9th September - Parish Council meeting 7.30pm
- Sunday 26<sup>th</sup> September - Apple Day
- Monday 4<sup>th</sup> October - BVA meeting 7.30pm
- Thursday 11th November - Parish Council meeting 7.30pm
- Saturday 27<sup>th</sup> November - Quiz
- Friday 24<sup>th</sup> December - Christmas Drinks
- Friday 31<sup>st</sup> December - New Years' Eve Party

## Summer Fair

We don't know yet how much money we will have made from the Summer Fair as we are waiting for the bar profits to be worked out, which will be kindly added to our total. However, we did take over £1,770 on the day, which is fantastic. Once again thank you so much to everyone involved.

**Annie Tavener**



Photo by  
Pete Knight

## Thorpe Morieux Garden Party at Thorpe Hall

**19th September from 2pm**

Grand Draw £200 cash prize + many others

Pre-loved stall; Children's Games; Garden Tour; Teas

Heart of Suffolk Art Group exhibition and sales.

Car Boot prior booking only 01284 827039 (and all enquires)

IAO Thorpe Church

## The Challenges Facing Gardeners Now and In The Future Part 3

Modern gardening is very popular at the moment and has "progressed" hugely as technology has developed. We have pesticides and chemicals for every plant disease and infestation we know about, along with remote controlled lawn mowers and timer-controlled irrigation methods.

Today, to keep our gardens "nice and presentable" and to keep up with the Jones' we have to put a lot of effort into our gardens. With a growing population, space is in high demand, which is another reason why some of us might want to use more chemicals and pesticides, so that we can get the most out of our spaces. As I've said before, we see it as a battle, rather than letting nature take its own course.

Nowadays, most of us garden for pleasure whereas, hundreds of years ago peasant gardens were a vital aid in people's survival, let alone it being a hobby. Their gardens consisted of mixed planting with edible weeds which they ate and attracted pollinators. Here are just four "weeds" which are edible, and which are probably growing in all our gardens today: Dandelion, nettles, Hairy bittercress and chickweed. You can add dandelion leaves to a salad or their flowers to make wine. Nettle leaves make a nice soup in spring and early summer, Hairy bittercress has a peppery flavour and so is good in salads, soups and salsa. It's also a good substitute for watercress. Chickweed is a good accompaniment to fish dishes.

Peasant gardens were biodiverse spaces in which they saved seeds and allowed perennials to flourish. Rhubarb is an excellent perennial which can supply us with food for almost 6 months of the year. Research has been carried out on vegetables such as purple sprouting broccoli, chard and kale, which show that they can be grown as short lived (6/7 years) perennials. At the end of their season, they can be cut back quite hard and they regrow the following year. At the end of the growing season save the seeds of these plants and at about £2 a seed packet you'll save lots of money; peas, French/runner beans, chillies, tomato, parsley, and coriander. Allowing one leek plant to go to seed produces a lovely flowerhead and plenty of seeds for the following year.

By working with nature, peasant gardens were low maintenance. Plants weren't imported from abroad so there were much fewer introductions of pests and diseases from overseas and they ate whatever was in season. Just



a reminder that not all plants in the garden are edible. There are lots of websites with information about which plants can and cannot be eaten. Next month I'll write a bit about our desire to eat exotic foodstuffs and its impact on the planet.

PS. How sadly ironic that last month I wrote about the serious impact on our gardens from climate change and torrential rains. Let's hope some of us were able to store some of that rain for the long dry periods we are bound to experience in the future, as our weather becomes increasingly topsy turvy. Good luck to all of you who are still recovering from the floods.

**David Golding**

## Nature Notes

Hoverflies are a common, but often misunderstood insect found in our gardens. They are an example of a species that disguise themselves as another insect, tricking predators, like birds, into thinking that they are



dangerous. There are about 270 species in the UK, and although they mimic wasps and bees, they are harmless. They are much closer related to flies than wasps and bees, and the males and females often look alike. Hoverflies are often regarded as the gardeners/farmers friend, being avid pollinators of plants and crops.

The females lay creamy white eggs near aphid colonies and the eggs hatch within two or three days. After feasting on the aphids the larvae attach themselves to a stem and build a cocoon and the process starts all over again. During warm sunny days they can be extremely common in our gardens and we should do all we can to encourage them. In my garden, plants that really attract them include echinops, heleniums, Sweet Alyssum and garlic chives.

**David Golding**

## The Great Flood of Brettenham

**Sunday 25th July 2021**

This will be an event that we will never forget! For nearly two hours that afternoon, Brettenham was in the eye of a storm which brought torrential rain, the like of which we had never seen before, and caused flooding and damage to 29 properties in the village.

Roger Bere, who has an official environment rain gauge, recorded the following measurements: From 16:40 to 18:20 (1hr 40m) he recorded 181.3mm (7.14 inches) of rain and hail. To put this into context, the total rainfall in July was 217.1mm (8.54 inches), which is over a third of our annual rainfall in one month! Roger adds, "My records go back to 1960 and this is the most I have ever recorded in a 24 hour period." This could well be a new record.



**Roger's rain gauge**

Sadly, for those affected, it will take a long time to repair the damage sustained by the storm but the positive is that yet again, it showed what a great community spirit there is in Brettenham in times of crisis as neighbours pitched into help each other out as reflected in these two accounts.

**Carrie Dye**

Tim, Issy, Wilf and I want to say a massive thank you to everyone who came and helped us during and after the storm. We really do not know what we would have done without everyone's help. From the people who pumped out the water, to people who offered us accommodation and supplies, we



really cannot thank everyone enough. At one point I think there were about 15 people in our house, some of whom we only met that evening (if you're the guys in the rugby tops reading this, we owe you a drink!). Coming home from holiday to a house 2 foot underwater was not a fun experience but one made infinitely easier by our friends and neighbours. Thank you, thank you, thank you.

**Tim, Jo, Issy and Wilf x**



**Photos from Jo Schofield "The last one is of Paul Bendall rescuing my Chinese from my stranded car down the road."**

### **And we have this account from Lynne Golding at The Forge:**

What a wonderful weekend we had at the Latitude Festival, lots of things to see and do, including a performance from Sam's band KYANOS on the Sunday, so a really memorable day.

Sitting in glorious sunshine wondering whether to listen to a comic or see another band, we had a phone call from Ellie asking what the weather was like with us. This was followed by a video of what I presumed was a fast flowing stream and I wondered why she had gone for a walk if the weather was overcast. Then another phone call to explain that the stream was actually flowing across our patio! Ellie told us that the water was coming in from underneath all the doors and she was worried it was going to get into the electric points as it had reached the skirting board.

Our lovely neighbours checked into make sure Ellie was ok, knowing she was on her own with a new puppy - thank you to Tom, Ali and Hannah, who were all dealing with their own flooding events and we cut short our stay in the shepherds hut to get home as fast as we could.



As it turned out, this wasn't very fast at all, being as the village was impenetrable from most directions for anything other than a 4x4. In fact it got to the point where I was sent to wade through the water ahead of the car to check if David could drive through it!

### **Cont'd over page**

On arrival we could see neighbours' gardens being pumped out, met the owners of cars that had floated off down the road and realised this may have been a bigger event than we first thought.

Leaving the car, wading through water with our luggage and arriving to see the pond



overflowing, drive covered and patio now a paddling pool a couple of inches deep, we were astonished. Ellie had obviously done a brilliant job, her years as a lifeguard meant she knew how to mop effectively and she had got rid of much of the water that had come into the garden room and kitchen. As we stepped across the living room carpet to our study we realised the extent of the problem, with the carpet giving the effect of walking across a soggy sponge. The electrics were tripping out, and we could see the sewage units and pond were flooded with water. We emptied and moved the furniture we could, managed to get the lights on but then realised neither our phones nor the internet would work without the electricity, even more importantly, neither would the pond pump!

Lloyds insure us, and the next day their disaster care team sent an electrician who told us he could not reinstate the electricity until the water had subsided and advised us to get the water pumped out as soon as possible. Disaster Care removed the sodden carpet but said they would wait till the water subsided naturally. It was a classic chicken and egg situation, without electricity we couldn't lower the water levels and we couldn't reinstate the electricity until the water went down. The pond pump couldn't cope with the deluge, nor with the huge amount of water flowing through the drain on the road straight into our pond! In the end we asked Cargate - the local firm who service our sewage treatment plants - to help. They sent a team out on an emergency basis and rigged us up so we could use the showers and loos as well as getting us a new pump for the pond system, which had been overwhelmed by the water. They were fantastically helpful and we can't praise them enough!

Just under two weeks later we have almost all our electricity back on, and



dehumidifiers and fans across the ground floor. It is dispiriting to have to reprioritise our plans for house projects but we know we are lucky to be able to spill into the Forge annexe and not to have to move completely out of the property at the moment. Things are drying out slowly, and hopefully we will be able to get some building work started in a few weeks when it is dry enough. It certainly was a memorable weekend!

**Lynne Golding**

### **And the church was damaged too:**

Sadly the church did not escape the torrential rain and hail on 25th July. As you will see from the photos, large areas of roof tiles were literally battered to pieces and we are waiting for our architect to tell us what steps we need to take. Water also entered the church on the wall between the chancel and the nave, which we have not seen before, but fortunately no water came in at ground level.

**Annie Tavener - Church Warden**



**Moorhen survivors of the Brettenham Great Flood— photo by Wendy**

**A path at Buggs not The Amazon—photo by Viv Bourne**



## **Getting to Know...Stewart Butcher**

Full Name:	Stewart Richard Butcher
Birthplace:	Ipswich
How long have you lived in Brettenham?	2 ½ years
Current/Last Job:	Agricultural Mechanic
Do you have any pets?	2 snakes
What is your biggest fear?	Right now...RAIN!
What makes you laugh the most?	Usually a few beers then people doing stupid stuff
What would you change about yourself if you could?	Confidence
What is the favourite place you have visited?	Scotland
What really makes you angry?	Usually Beth
What is your favourite book/film/play/show?	Friends
What has been the proudest moment of your life?	Featuring in the Brettenham magazine!
What did you want to be when you were growing up?	Older...now I want to be younger!
If you could choose to do anything for a day, what would it be?	Probably sleep!
What is your favourite game/sport?	Football/basketball
If you could only eat one meal for the rest of your life, what would it be?	Scrambled egg on toast

Have you ever had a nickname? What is it?	Butch, Ted (reference to the fast show)
Who would you want to be stranded with on a deserted island and why?	Wilson, he helped Tom Hanks so I'm sure I'd be fine!
What would you do if you had a significant win in the lottery?	Finish off the house and garden, then have a beer!
If you could go back in time, what year would you travel to and why?	1966 to watch England actually win something at football!
What's your best claim to fame?	Scoring the winning goal in the school football comp in 1997...until this moment!
What skill would you like to master?	Time keeping! Actually being somewhere or to complete a task on time has always evaded me!



August can be a stressful month for teens (and their parents!) waiting for exam results. And this year, with the disruption to education in the last 18 months, it has been more challenging and uncertain than ever. So well done to all the students who took their GCSEs and A levels this year for getting this far! We hope you achieved the grades you needed and wish you all the best with your next step in life.



## Motoring Memories, Part V

**Stuart's motoring memories are based on his childhood in the 1960s and 70s growing up in Brettenham where his Father ran a village shop and filling station.**

**Last month, Stuart told us about some of the best cars he has owned. This month he tells us about the worst and some of his more "interesting" driving experiences.**

### The worst

There are some cars I wish I had never seen. Strangely Daihatsu is one such. The model name should be a clue "Applause". Personally, Boo would have been a better name. It was uncomfortable, slow and constantly took in water despite many trips back to the garage, the issue was never resolved.



**Daihatsu Applause**

The Nissan Cherry is also relegated to Room 101. This was very bland in every way, including the beige colour. I had driven to Blackpool and on my return was driving on the motorway. I was overtaking a convoy of lorries but the Nissan did not have enough power to get past or to be able to slot back into a space. I was in Lane 2 and being overtaken in both Lane 1 and 3 by lorries. I was relieved to reach the Motorway services!



**Nissan Cherry**

I should have known the limitations of the car and then I would have either avoided the motorway or been content just to sit in Lane 1.

One car which belies either category is a Lada Riva 1200cc Saloon. This was basically a Russian version of a Fiat

128. It was very heavy to drive with no power steering, brakes which needed a heavy press of my size 11s to do anything and a clutch which was more like an exercise in the gym (I do not speak from experience). I don't think there was a recorded time of 0-60mph as it would have gone into minutes. The heater was incredible, built for salt



**Lada Riva**

mine excursions, and the car felt as though it was a tank. Driving the car was quite a challenge but probably because of that it was enjoyable. In the 1980s there were quite a number of Ladas around and, as well as the saloon, there was also an estate version and a small 4x4 called a Cossack. Occasionally I have seen a Lada at a classic car show but they are quite rare.

#### **Of All The Cars I've Known & Some "Interesting" Experiences**

Shortly after passing my driving test, I was asked to look after a VW Beetle for a gentleman at Thorpe Morieux. He owned the car but had not passed his driving test. He lived away and wanted me to use the car on a regular basis to keep it running and also to accompany him in preparing for the test when he came back. When I was working as Barman at The Rushbrooke Arms, in 1976, I had driven the VW there. Unfortunately, I had locked it with the keys inside. I discussed my problem with a couple of guys from Liverpool who I thought might have some skills to assist (people from elsewhere may have similar skills too). Within minutes they had gained access to the car, and it was well worth the couple of pints. The owner decided not to continue with driving and sold the car. He wanted me to drive it to the new owner, collect the money and then be driven back by the new owner. I agreed to do so. The trip to Thetford was fine, however, I was somewhat nervous on the return journey as I was clutching a very large amount of money in used notes and the new owner was quite keen to test the top speed of his new VW. I was relieved to get home still with the money intact and more pleased when I no longer had charge of the money.

**Stuart Earle**

**Write on....**



Recently I came across this poem by Megg Greenhalgh, a young poet and photographer. Her poetry is emotionally honest, pared down and full of sharp observation. Her work is beautifully presented with photos and graphics. Here she has played visually with the form of the poem on the page to give added meaning. If you like this, do take a look at her Instagram posts on [www.instagram.com/m\\_e\\_g\\_ss/](https://www.instagram.com/m_e_g_ss/)

**Carrie Dye**

I feel like time is

s

l

i

p

p

i

n

throu g h my fingers

seconds minutes hours days weeks

grasping loose threads

that continue to unravel

a recent past

my mind cannot remember,

lost in the fog of where I've been

and where to go next.

How can I organise grains of time  
in the middle of a sandstorm?

**M . E . G**



**If you would like to suggest a poem, piece of prose, book, film or play for this page please let us know at [brettenhammagazine@outlook.com](mailto:brettenhammagazine@outlook.com)**



## Courgette loaf cake with lemon frosting

In September there is often a glut of fruit and veg. This is a novel way to use up some spare courgettes. It has been tried and tested by Em, our editor, so it's got to be good :)

Preparation time: 30 minutes + cooling

Cooking time: 1 hour 20 minutes

Total time: 1 hour 50 minutes + cooling

Serves: 10

### Ingredients

50g walnuts

125ml sunflower oil, plus extra for greasing

3 British Blacktail Free Range Medium Eggs

125g light brown soft sugar

250g Waitrose & Partners Courgettes (about 2 medium courgettes), coarsely grated

225g plain flour

1 tsp ground cinnamon

1 tsp baking powder

½ tsp bicarbonate of soda

½ tsp fine salt

### For the lemon mascarpone frosting

100g mascarpone

1 unwaxed lemon, zest, plus extra to serve

60g icing sugar, sifted

100g Greek strained yogurt

### Method

1. Preheat the oven to 170°C, gas mark 3; put the walnuts in a small roasting tin and roast for 10 minutes until golden. Set aside to cool, then roughly chop. Meanwhile, grease and line a 900g loaf tin with a long strip of baking parchment that overhangs either end.

2. Put the oil, eggs and sugar in a large mixing bowl and beat for 2 minutes, using electric beaters, until light and airy. With a spatula, stir in the courgettes and walnuts. In a separate bowl, mix the dry ingredients, then



fold into the egg mixture until just combined. Tip into the loaf tin and bake for 1 hour-1 hour 10 minutes until golden, risen and a skewer inserted into the centre comes out clean. Let the cake sit in the tin for 15 minutes, then remove to a wire rack to cool completely.

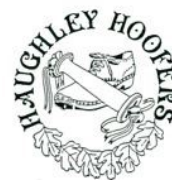
3. For the frosting, use a hand whisk to mix together the mascarpone, lemon zest and icing sugar until combined. Add the yogurt and whisk until it just holds soft peaks. Swirl over the top of the cooled cake and sprinkle with a little more lemon zest, if liked. **Enjoy - it really is scrummy!**

### Suffolk Homeowner - Solar Panel Buying Scheme

Solar Together Suffolk, in conjunction with Suffolk County Council, helps homeowners feel confident that they are paying the right price for a high-quality installation from pre-approved installers.

Suffolk residents have until 27 September 2021 to register their interest, for free and with no obligation, to join the group-buying scheme to have solar panels installed at their home. Not only does Solar Together Suffolk offer solar panels, but also optional battery storage and retrofit battery storage for residents who have already invested in solar panels.

For more information visit [www.solartogether.co.uk/suffolk](http://www.solartogether.co.uk/suffolk)



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(North West Morris is one of the oldest forms of street dance, originally performed in the street processions of the Lancashire and Cheshire textile towns. In summer we dance at festivals, fetes, shows, pubs – and the street!)

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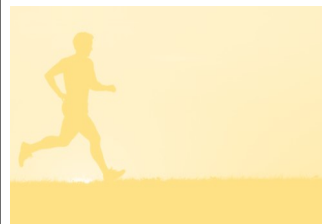
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**For more info contact Ozzie: [oilyturk67@hotmail.com](mailto:oilyturk67@hotmail.com)**

**.....Jog on, jog on....**



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### **Making your own juice**

To make your own juice, book your slot, bring along your apples, and we will do the rest. The slot time will allow for 20KG of apples to be pressed but do not worry if you do not have that many apples, in previous years we have mixed apples and the juice produced has always been sweet and flavoursome. Please remember to save your plastic bottles, clean them and bring them on the day to fill with your juice. An information sheet will be sent to you when you book. To book your slot, contact Lyn by 20<sup>th</sup> September: See contact details below.

**Lyn Rufus:** [lyn.rufus@outlook.com](mailto:lyn.rufus@outlook.com) or 01449 258055, please leave message on answer machine if no reply.

**The Bar will be open for refreshments from 12 noon and a BBQ on the playing field serving Burgers and Hot Dogs.**

**For further information visit: [www.brettenham.onesuffolk.net](http://www.brettenham.onesuffolk.net)**

### **Would you like to help on the day with the juicing?**

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